

## Sex and Relationship Education

During the year, pupils will participate in a series of lessons covering our Sex and Relationships Education Programme. (SRE) All material used has been agreed by the governing body and teaching staff in the school. The Details of the material to be covered is attached.

In all cases, this subject is handled sensitively. When DVD programmes are used, they are not used in isolation, but alongside other teaching methods with opportunities for pupils to ask questions openly, or anonymously, and for discussion to take place. Careful thought has been given to the curriculum.

If for any reason, you feel that your child might be particularly sensitive to issues likely to arise, we ask you to talk to the class teacher beforehand. Parents have the right to withdraw their children from these lessons if they so wish. We would ask that any parents considering withdrawing their children from SRE, to come and have a chat before a final decision is made.

Permission is sought from all parents for your child's inclusion in the SRE programme. Please return the tear off slip below.

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## Sex and Relationship Education

Name of Child ..... Year Group .....

\* I give permission for my child to participate in the programme of SRE designed for his/her Year Group.

\* I wish to withdraw my child from the SRE programme of work.

(\* please delete as applicable)

Signed: ..... Date .....

# Sex and Relationship Education

## Reception and Year 1

In the Ourselves topic, pupils will talk about different generations within a family. They will discuss the lifecycles of humans and animals. They will reflect on the changes that have taken place to them in their lives and the things they can do. They will talk about different parts of the body.

## Year 2

Pupils will discuss the differences between boys and girls, including physical differences. They will label parts of the body including the penis, breasts, vagina and testicles. They will talk about the perceptions children have about gender and discuss stereotyping. They will be taught that babies come from a womb and look at pictures of a growing foetus. They will explore how they have changed from their birth.

## Year 3

Pupils will consider the different relationships in which they are involved and the importance of honesty, respect, love and trust. Pupils will find out at what age different animals reproduce and produce a timeline of a human life. Pupils will produce a fact file to explore the differences between males and females.

## Year 4

Pupils will learn how a baby is made and how it grows in the womb. They will consider how pregnant mothers can keep their baby healthy. They will look at pictures of a growing foetus. Pupils will consider how a relationship changes when a baby arrives. In single sex groups, pupils will learn about the changes in the male and female body during puberty. They will learn the names for the internal and external parts of the sexual organs, including egg, ovaries, clitoris, sperm, penis, testicles and scrotum. Periods and menstruation are explained.

## Year 5

Single sex groups will investigate further the changes in the body during puberty. In Girl Talk and Boy Talk physical and emotional changes are considered from the point of view of both sexes.

## Year 6

In Let's talk about Sex, pupils will consider the development of relationships and images of sex in the media. Conception and contraception are explored along with stereotypical attitudes towards sex and relationships.