

THE FLYER

www.tacolneston.norfolk.sch.uk

Head Teacher: Mrs Laura Green (head@tacolneston.norfolk.sch.uk)

As each has received a gift, use it to serve one another,
as good stewards of God's varied grace
1 Peter 4:10

Work together, learn together, grow together....

Last week's
attendance was
97.17%



Our value for life this
term is
Perseverance

Week 24
Friday, 20th March 2020

Covid-19 Updates and School Closure

Please check our website Welcome Page for updates from school regarding the Covid-19 pandemic. Any letters sent out by Mrs Green will be there for you to access.

Don't forget..... work for your child, whilst at home, can be found on the website under:

- **Our School**
- **Classes** (Kingfishers, Robins, Eagles, Sparrowhawks)

You will receive a regular letter (on the website) from your child's class teacher. Class emails have been set up for parents to access the teacher if you have any queries about your child's learning.

kingfishers@tacolneston.sch.uk
robins@tacolneston.sch.uk
eagles@tacolneston.sch.uk
sparrowhawks@tacolneston.sch.uk

Teachers will look at email once per weekday between 9am and 3pm. Please limit emails to a maximum of one per day.

Prayer

A prayer from one of our
Governors, Rev Colin.

*Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and
distress.*

*Sustain and support the anxious
and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate
us from your love
in Christ Jesus our Lord.*

Amen.





Rock Steady

'Rehearse at home' is the exciting new Rocksteady distance learning programme available to all subscribers through [the online parent portal](#). So whilst school lessons can't take place, music can still be a regular part of your child's week.

To start with there will be:

- **Weekly audio and video lessons at different levels to suit your child across drums, keyboard, guitar and vocals**
- Guidance for parents, so that you can help your child get the best out of rehearsing at home
- **Lesson pathways for those with or without instruments so that nobody misses out**
- Bonus content including a range of fun, musical activities to suit all levels of learning

FOTS NEWS

We have received in Feb £5.58 and £55.84 from Amazon Smile and Easy Fundraising. Please don't forget to sign up as it doesn't cost you anything and raises money for FOTS:

Amazon Smile:

Just go into your menu on Amazon scroll down and you will see the Amazon Smile section, follow the simple steps and find us 'The Friends of Tacolneston School'

[Http://smile.amazon.co.uk/ch/1035561-0](http://smile.amazon.co.uk/ch/1035561-0)

EasyFundraising:

www.easyfundraising.org.uk

Using the link search for Friends of Tacolneston School and sign up.

Thank you for your support and remember to spread the word to family and friends.

Please do join our Facebook

group <https://www.facebook.com/groups/TacolnestonFOTS/>

Pupils of the Week

Our awards are given to pupils in recognition of them demonstrating one of our school values.

Year R – Lexie - Perseverance

Year 1 – Pippa – Friendship

Year 2 – Jacob - Perseverance

Year 3 – Romey – Perseverance

Year 4 – Kiki - Perseverance

Year 5 – Lucy – Friendship

Year 6 – Charlotte – Friendship

Merit Awards:

Bronze: Benjamin, Rosie, Jamie, Josh, Hattie, Polly, Charlotte, Seren

GR8ASUR Sticker: Jamie

GR8M8 Award: Jay, Rory

Roxie, Milly B, Cameron, Lucy, Tyler, Kirsten, Millie S, Joe, Katie, Thomas C, Kerris, Alice, Ben, Amelie, Seren, Olivia P, Ryan and Fabio

Reading Challenge: Izzy, Charlotte.

HOUSE TEAM SCORES – this week

AUTUMN	WINTER	SPRING	SUMMER
11	21	13	12

TOTAL HOUSE TEAM SCORES

AUTUMN	WINTER	SPRING	SUMMER
771	647	717	707

Please refer to our website for our Safeguarding Policy and all other policies

GR8 AS U R

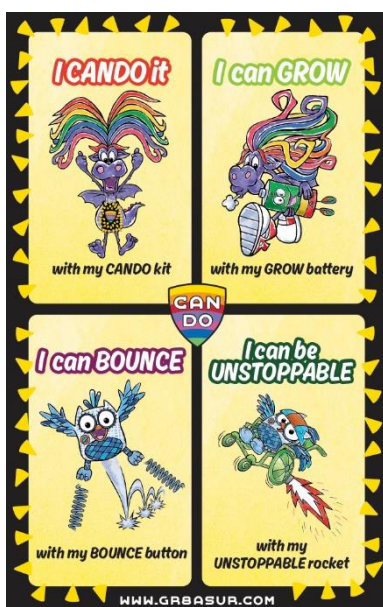
The GR8 AS U R programme teaches children to
TAKE ACTION to feel great (GR8).

This week your children have taken part in a
CANDO FUNDAY

This FUNDAY is all about teaching children that they CANDO anything they aspire to, by believing in their own ability and knowing what to do to succeed.



Throughout the day your child has learnt 4 CANDO Steps to succeed, through workshops delivered by the GR8 AS U R Team.



CANDO IT - I CAN USE MY TOOLS
(inner power) inside myself to succeed

CANDO GROW - I CAN GET BETTER
at anything by making the effort

CANDO BOUNCE - I CAN GET OVER
any challenge by finding my own way over it

CANDO UNSTOPPABLE - I CAN GET THERE
by not stopping until I succeed

This is just one part of the GR8 AS U R programme that your child's school are following. The programme also includes termly challenges and story or workshop based lessons.

For further information see www.gr8asur.com

EAT THEM TO DEFEAT THEM



Broccoli Pasta Sauce

*This super easy and nutritious **vegan** recipe has been provided by fellow Proudly Norfolk member Suzy Smith at Bace Foods Limited and makes a great midweek dinner! You can find more recipes on their website – www.bacefoods.co.uk.*

Serves 4

Ingredients

- 1 x Broccoli Head
- 200ml Plant-Based Milk (oat, soya or almond)
- 2 Tbsp. Nutritional Yeast Flakes
- 1 Tbsp. Vegetable Oil
- Salt and Pepper to Taste
- Hot Pasta to Serve

Method

1. Cut the broccoli in half.
2. Cut one half in to bite-sized pieces. Heat the oil in a frying pan and cook the broccoli pieces until golden but still crunchy.
3. Cut the other half of the broccoli in to florets. Boil for 4 minutes and drain. Blend the cooked broccoli with the plant-based milk and yeast flakes. Season to taste.
4. Pour the creamy broccoli sauce over the cooked pasta and top with the crunchy broccoli bites.

Suzy recommend serving with Norwich City veg – peas and sweetcorn – and you're well on your way to your 5 a day!

CHOP'EM DOWN



ROOTS COMMUNITY
CAFE



FREE CHILDRENS LUNCHBOX

Roots will be offering a free packed lunch for any child who would benefit from one. We understand that we are in uncertain times and want to help if we can.

We will prepare a packed lunch every Friday for the next 6 weeks initially but will review after we have more information on school closure timescales

Each box will contain a sandwich, drink, packet of crisps, piece of fruit and a snack for collection from Wymondham Baptist Church

If you think you would benefit from this at this difficult time please contact us directly at Rootscommunitycafe@gmail.com and we will get back to you with further details

Please note this is not limited to those who receive free school meals

WYMONDHAM BAPTIST CHURCH
QUEEN STREET, WYMONDHAM
NR180AY 01953 606520