

Year 3 RSE scheme of work

My feelings-

Pupils can identify their strengths and set aspirational goals for themselves, understanding how this contributes to high self-esteem.

My body-

Pupils know how their body may change as they grow and develop, how to care for their body and celebrate their uniqueness.

My relationships-

Pupils can recognise a wide range of relationships, including the attributes of positive, healthy relationships.

My beliefs-

Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy or one way to be a girl.

My rights and responsibilities-

Pupils understand the right to protect their body from unwanted touch.

Asking for help-

Pupils can identify the difference between secrets and surprises, knowing when it is right to break a confidence and share a secret.