

Year 4 RSE scheme of work

My feelings-

Pupils can recognise and respond to a wide range of emotions in themselves and others, and ways to show respect.

My body-

Pupils can reflect on how their body has changed and anticipate body changes, understanding that some are related to puberty.

My relationships-

Pupils are able to judge what kind of physical behaviours and contact are acceptable and unacceptable and ways to respond.

My beliefs-

Pupils can recognise differences and similarities between people arise from a number of factors, including family and personal identity.

My rights and responsibilities-

Pupils know that marriage is a commitment freely entered into by both people and that no one should marry if they don't absolutely want to, or are not making the decision freely for themselves.

Asking for help-

Pupils can recognise when they may need help to manage a situation, and have developed the skills to ask for help.