

## Year 5 RSE scheme of work

### **My feelings-**

Pupils can anticipate how their emotions may change as they approach and move through puberty.

### **My body-**

Pupils can anticipate how their body may change as they approach and move through puberty.

### **My relationships-**

Pupils can identify healthy relationships and recognise the skills to manage and maintain healthy relationships.

### **My beliefs-**

Pupils know the correct terms associated with gender identity and sexual orientation and the unacceptability of homophobic and transphobic bullying.

### **My rights and responsibilities-**

Pupils have strategies for keeping safe online; knowing personal information including images of themselves and others can be shared without their permission.

### **Asking for help-**

Pupils have considered how to manage accidental exposure to explicit images and upsetting online material, including who to talk to about what they have seen.