

## Year R RSE scheme of work

### **My feelings-**

Pupils can identify a range of feelings and how these are expressed, including words to describe them and simple strategies for managing feelings.

### **My body-**

Pupils know the importance of basic personal hygiene and understand how to maintain basic personal hygiene.

### **My relationships-**

Pupils understand that there are similarities and differences between everyone and can celebrate this.

### **My beliefs-**

Pupils can recognise what they like, dislike and feel empowered to make real, informed choices.

### **My rights and responsibilities-**

Pupils understand the concept of privacy, including the right to keep things private and the right another person has to privacy.

### **Asking for help-**

Pupils can identify the special people in their lives, what makes them special and how special people care for one another.