Prior Knowledge & Skills—Year 4 Dance	Key Vocabulary		Famous Sportsperson—Jonah Lomu
Choose and combine movements to communicate mood or	Word	Definition	Jonah Lomu was a New Zealand Rugby Union player. He became the youngest ever player to represent New Zealand when he first played for them, aged 19 years and 45 days. He is regarded as the first true global superstar of rugby and consequently had a huge impact on the game. Lomu was a member of the Champions for Peace club, a group of famous elite athletes committed to serving peace in the world through sport. He was also famous for his performances of the Haka before games.
feeling. Refine movements to create and perform a sequence.	Kinaesthetic	Sensory perception of movement and position	
Perform dance sequences effectively and in time with music.	Narrative	Dance that tells a story	
Evaluate and compare other people's work to improve own performance.	Isolation	Independent movement of part of the body	
	Artistic Intention	The aim of the dance choreography	
	Canon	When the same move- ments overlap in time.	
Key Knowledge & Skills	Choreography	The art of creating the dance.	
Year 5:	Durat	To a confirmation	
Express emotion and feeling through dance.	Duet	Two performers	
Begin to perform with precision, control and fluency.	Execution	Carrying out actions with	
Refine movements further to perform in sequence with a change in direction, level or speed.		the required intention.	
Plan and perform to an audience.	Facial Expression	Use of face to show mood, feelings, character.	Local Clubs slanteddance do lessons in Norwich and Hethersett. Contact them here: https://www.slanteddance.co.uk/contact/
Describe how one's self or others could improve an action or performance.	Improvisation	Creating movements without planning them.	
Year 6:	Levels	Distance from the ground.	
Express a range of emotions and feelings through dance.	Levels	Distance from the ground.	
Perform with precision, control and fluency.	Climax	The most significant mo-	Future Learning—KS3 PE
Devise complex sequences that include changes in direction, level and speed.		ment of the dance.	Perform dances using advanced dance
Create, prepare and perform confidently and effectively for an	Haka	A dance from the Maori	techniques within a range of dance styles
audience.		culture in New Zealand. It has grown to fame as it is	and forms.
Demonstrate and model how an action or performance could be		performed by the New	
improved.		Zealand Rugby team (The	
		All Blacks) before interna-	
		tional rugby fixtures.	