



Tacolneston and Morley Federation



Year 2 PSHE- Relationships Mental Health and Wellbeing

Key Knowledge

The children will learn about:

About the importance of special people in their lives

- To identify people who are special to them and explain why
- Understand what makes a good friend
- Demonstrate how they show someone they care
- Know who to approach with worries or concerns

Making friends and who can help with friendships

- How people might feel if they are excluded from friendships
- Recognise when someone needs a friend and some ways to approach making friends
- Who they can talk to if they are worried about friendships

Solving problems that might arise with friendships

- Identify some ways that friendships can go wrong
- Describe some ways to sort out friendship problems

Vocabulary

Special - better, greater or otherwise different from what is usual

Friendship -the state of being friends

Qualities (of a person) -characteristics of a person

Left out/excluded -deny someone access to a place

Lonely -sad because of having no friends or company

Sharing -give a portion of something to others

Respect - a feeling of deep admiration for someone because of their abilities, qualities or achievements

Honesty - speak the truth and act truthfully

Loyalty - a strong feeling of support

Hurtful -causing distress to someone's feelings

Listener -a person who listens, especially someone who does so in an attentive manner

Taking turns -when two or more people do something alternatively or in succession

Argument - an exchange of opposite views, typically a heated or angry one

Bully -a person who seeks to harm others who they perceive as vulnerable

Caring -displaying kindness and concern for others

Understanding -showing sympathetic awareness

