



Tacolneston and Morley Federation



Year 3 PSHE- Relationships Bullying, See it, Say it, Stop it

Key Knowledge

Children will learn:

To recognise bullying and how it can make people feel

- Define what is meant by 'bullying'
- Identify the difference between falling out with someone and bullying
- Understand how bullying can make people feel and why this is unacceptable

Different types of bullying and how to respond to incidents of bullying

- Name different types of bullying (including racism)
- Identify the different ways bullying can take place (including online)
- Describe how they would respond in a range of situations related to falling out and bullying, including how to get help

Dealing with put-downs

- Explain what is meant by a put-up or a put-down and how this can affect people
- Demonstrate a range of strategies for dealing with put-downs
- Recognise what is special about themselves

What to do if they witness bullying

- Can explain how to react if they witness bullying
- Understand the role of bystanders and the important part they play in reducing bullying
- Know how and to whom to report incidents of bullying,

Vocabulary

- **Bullying** – seek to harm, intimidate or coerce (someone perceived as vulnerable)
- **Anti-bullying** – opposed to, or acting against bullying
- **Unacceptable** – not satisfactory or acceptable
- **Racism** – prejudice or discrimination against someone of a different race, based on the belief that the person's own race is superior
- **Sexism** – prejudice or discrimination, typically against women, on the basis of sex
- **Ageism** – prejudice or discrimination on the grounds of a person's age
- **Physical bullying** – hitting, kicking, shoving or pushing
- **Verbal bullying** – calling someone names, saying nasty comments or threats
- **Cyber bullying** – nasty or inappropriate comments on social media, emails, texts or any online activity
- **Witness** – a person who sees an event, typically a crime or accident, take place
- **Bystander** – a person who is present at an event or incident but does not take part
- **Victim** – a person who is harmed or injured as a result of a crime, accident or other event or action
- **Support** – give assistance to

