



# Tacolneston and Morley Federation



## Year 3 PSHE- Relationships Relationships and Sex Education

### Key Knowledge

#### My feelings-

Pupils can identify their strengths and set aspirational goals for themselves, understanding how this contributes to high self-esteem.

#### My body-

Pupils know how their body may change as they grow and develop, how to care for their body and celebrate their uniqueness.

#### My relationships-

Pupils can recognise a wide range of relationships, including the attributes of positive, healthy relationships.

#### My beliefs-

Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy or one way to be a girl.

#### My rights and responsibilities-

Pupils understand the right to protect their body from unwanted touch.

#### Asking for help-

Pupils can identify the difference between secrets and surprises, knowing when it is right to break a confidence and share a secret.

### Vocabulary

**Differences** - a way in which people or things are not the same

**Similarities** - things that are the same or alike

**Female** - the biological term for a girl or woman

**Vulva**- female genitalia

**Male** - the biological term for a boy or man

**Penis**- male genitalia

