



Tacolneston and Morley Federation



Year 6 PSHE- **Health and Wellbeing** Keeping safe out and about

Key Knowledge

Feelings of being out and about in the local area with increasing independence

Be aware of potential risks when out and about. Describe a range of feelings associated with being out and about

Recognising and responding to peer pressure

Identify risky behaviour in peer groups

Understand how people feel when asked to do something they feel unsure about and who they can ask for help

The consequences of anti-social behaviour

How to resist peer pressure

Having responsibility for behaviour and actions

Understand that everyone has the right to be protected against harm to their bodies Where to get help and support

Vocabulary

Risks - exposure to danger, harm or loss

Peer groups - a group of people of approximately the same age, status and interests

Peer pressure - a feeling that you must do the same thing as other people from your age and social group in order to be liked and respected by them

Dilemma - a situation in which a difficult choice has to be made between two or more alternatives

Anti-social behaviour - acting in a way that causes or likely to cause harassment, alarm or distress to one or more people not of the same household

Gangs - groups of people who spend time in public places that see themselves (and are seen by others) as a noticeable group, and engage in a range of criminal activities and violence

Consequence - a result or effect, typically one that is unwelcome or unpleasant

Responsibility - having a duty to deal with something

Radical - something that is considered extremist or very different from anything that has come before

Radicalisation - a process in which an individual or group comes to adopt increasingly radical political, social or religious ideas that undermine the contemporary ideas and expressions of the nation

Prevent - to stop something from happening or existing

