



Spring/Summer Allergen Aware Menu



Morley Primary School

Our Allergen Aware Menu is free from most of the top 14 legal allergens and is closely aligned with our Primary School Main Menu.



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS



NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS



Week One

Monday

Margherita Pizza with Tomato Pasta Salad (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Peas and Sweetcorn

Iced Fruit Smoothie

Tuesday

Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges

Or Cheese and Tomato Pasta Bake (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Mixed Salad

Homemade Shortbread

Wednesday

Roast Chicken with Mashed Potato and Gravy

Or Cheese and Potato Pie with Gravy (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Carrots and Green Beans

Homemade Cupcake

Thursday

Chicken Fillet with Mediterranean Sauce and Steamed Rice

Or BBQ Plant Balls with Steamed Rice (Ve)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

with Mixed Vegetables

Cocoa Popcorn Bar

Friday

Fish Fingers Or Garden Vegetable Goujons (v) with Chips

Jacket Potato with DF Cheese or Tuna (no mayo)

with Peas or Baked Beans

Homemade Muffin

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

Week Two

Monday

Margherita Pizza with Potato Wedges (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Sweetcorn

Homemade Cupcake

Tuesday

Chicken Fillet in a Roll with Ketchup and Savoury Rice

Or Plant Sausages with Tomato Pasta (Ve)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Veg Sticks

Iced Fruit Smoothie

Wednesday

Roast Chicken or Plant Sausages (Ve) with Roast Potatoes and Gravy

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Carrots and Peas

Homemade Shortbread

Thursday

Tomato Pasta with Cheese (v)

Or Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Mixed Vegetables

Fruit Jelly

Friday

Fish Fingers Or Garden Vegetable Goujons (v) with Chips

Jacket Potato with DF Cheese or Tuna (no mayo)

with Peas or Baked Beans

Homemade Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

Week Three

Monday

Margherita Pizza with Potato Wedges (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Veg Sticks

Iced Fruit Smoothie

Tuesday

Beef Bolognese with Pasta

Or Loaded Tomato and Bean Bake (Ve)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Broccoli

Homemade Shortbread

Wednesday

Pork Sausages Or Plant-Powered Sausages (Ve) with Mashed Potato and Gravy

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Mixed Vegetables

Homemade Cake

Thursday

BBQ Chicken Fillet with Savoury Rice

Or Cheese and Tomato Pasta Bake (v)

Jacket Potato with Beans, DF Cheese or Tuna (no mayo)

served with Sweetcorn

Homemade Shortbread

Friday

Fish Fingers Or Garden Vegetable Goujons (v) with Chips

Jacket Potato with DF Cheese or Tuna (no mayo)

with Peas or Baked Beans

Homemade Iced Sprinkle Cake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily

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Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens.

